

Canterbury Primary Care Equally Well Working Group March 2020

EQUALLY WELL ACTION PLAN: 2020

By endorsing the [consensus position paper](#), we acknowledge the physical health inequities in people who experience mental health and addiction issues; and we are committed to taking action to achieve physical health equity. In particular, aligned with our commitment we believe that people with experience of addiction and mental health issues:

- ▶ be identified as a priority group at a national policy level based on significant health risks, poorer physical health outcomes and a higher prevalence of premature mortality
- ▶ have access to the same quality of care and treatment for physical health issues as the general population, and in particular to have the right to assessment, screening and monitoring for physical health and wellbeing that takes into account greater levels of risk
- ▶ be offered support to make the connection to how physical health interacts with mental health and addiction issues, and support to develop personal goals and changes to enhance physical wellbeing.

CPCEWWG Equally Well action plan

Goal:

All Equally Well initiatives/activities are designed and implemented in ways that will prioritise and improve equity for particularly disadvantaged groups who experience Serious Mental Illness & Addiction (SMIA) i.e. Māori, Pasifika, CALD populations and those on low incomes.

- ▣ **Action 1:** Develop a clear definition of the SMIA patient cohort for Primary Care.
- ▣ **Action 2:** General Practice teams are supported to improve coding & identification of patients with SMIA in their Practice.
- ▣ **Action 3:** Advocate for and deliver funded physical health and wellbeing checks for enrolled patients with SMIA.
- ▣ **Action 4:** Develop a screening tool or 'SMIA Physical Health Check' template for General Practice teams which is congruent across all Canterbury PHO's and easily accessible on Health Pathways and/or within the practice PMS.
- ▣ **Action 5:** Advocate for Equally Well to be re-instated as a Systems Level Measure (SLM) in Canterbury.



These are the guiding principles of Equally Well that we will adopt for implementation

