

Te Pou Equally Well Action Plan: 2019-2020

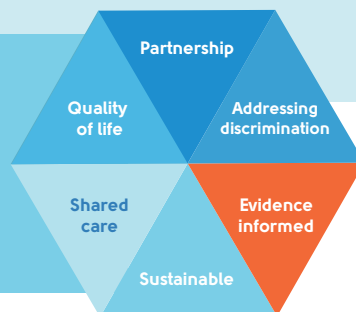
Te Pou o te
Whakaaro Nui

Te Pou endorsed the Equally Well consensus position paper in 2014

By endorsing the [consensus position paper](#), we acknowledge the physical health inequities for people living with mental health and addiction issues and are committed to taking action to address these health disparities. In particular, aligned with our commitment we believe that people with experience of addiction and mental health issues:

- ▶ be identified as a priority group at a national policy level based on significant health risks, poorer physical health outcomes and a higher prevalence of premature mortality
- ▶ have access to the same quality of care and treatment for physical health issues as the general population, and in particular to have the right to assessment, screening and monitoring for physical health and wellbeing that takes into account greater levels of risk
- ▶ be offered support to make the connection to how physical health interacts with mental health and addiction issues and support to develop personal goals and changes to enhance physical wellbeing.

These are the guiding principles of Equally Well that we will adopt for implementation.



Te Pou Equally Well Action Plan until 30 December 2020

- ▶ Continuing to provide the backbone support function to the collaborative.
- ▶ Strengthening the Māori and Pasifika expertise in the Equally Well backbone team.
- ▶ Establishing and convening a Strategic Leadership Group to provide an ongoing strategic leadership role and assist the collaborative to build on and sustain current activities.
- ▶ Maintaining and enhancing the connections with the international Equally Well movements.
- ▶ Embedding and normalising the importance of addressing physical health in the implementation of *Let's get real*.
- ▶ Analysing routine data sets, such as the New Zealand Health Survey, from a mental health and addiction equity perspective.
- ▶ Continuing to identify and participate in opportunities which create and promote solutions for the health workforce to address Equally Well physical health disparities and that align with the recommendation in He Ara Oranga report (2018).
- ▶ Keeping up to date with the evidence and theory around collective impact and using it to sustain the collaborative.
- ▶ Supporting an evaluation of the collaborative and the backbone function.

Equally
Well 

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