

If you receive support from mental health and addiction services, or if you have been diagnosed with any of these four mental health conditions:

- Schizophrenia
- Major depressive disorder
- Bipolar disorder
- Schizoaffective disorder

## YOU QUALIFY FOR A FREE FLU VACCINATION

## Unsure about your eligibility?

Ask your health professional. Even if you are not eligible, getting a flu vaccination is a great way to support your wellbeing, your whānau and your community.

Where to get it?
Visit your nearest pharmacy or your GP

Find out more: info.health.nz/flu