

SEE US

EquallyWell 

FLU SEASON 2025

**FREE FLU
VACCINE
ELIGIBILITY**

If you receive support from mental health and addiction services, or if you have been diagnosed with any of these four mental health conditions:

- ◆ Schizophrenia
- ◆ Major depressive disorder
- ◆ Bipolar disorder
- ◆ Schizoaffective disorder

YOU QUALIFY FOR A FREE FLU VACCINATION

Unsure about your eligibility?

Ask your health professional. Even if you are not eligible, getting a flu vaccination is a great way to support your wellbeing, your whānau and your community.

Where to get it?

Visit your nearest pharmacy or your GP

Find out more: info.health.nz/flu